

## **Dr Palitha Serasinghe Research/Publications**

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1. Serasinghe P. and Mendis M.G.U. (1999) Experimental presentation of the rate of gastro-intestinal transit of Guru and Laghu substances in rats. *Ayurveda Samiksha*, 1 (10): 279 – 282.
  2. Tissera M.H.A and Serasinghe P. (1998) Toxicity Study of the BARAKA oil (oil of Nigella sativa). *Ayurveda Samiksha*, 1(9): 135 – 137.
  3. Kulathunga W.M.S.S.K and Serasinghe P. (1995) A preliminary study on the Efficacy of Modified Aranya Tulsi Mula Decoction for Malaria. *Ayurveda Samiksha*, 1 (7): 237 – 239.
  4. Amarasinghe G. and Serasinghe P. (1994) A preliminary study on the Efficacy of an Ayurvedic Drug ("Jiva") for the loss of appetite in children. *Ayurveda Samiksha*, 1 (6): 151 – 156.
  5. Serasinghe P. (1993) A preliminary study of a Traditional Method of Treatment for *Tamaka Swasa* (Bronchial Asthma). *Ayurveda Samiksha*, 1 (5): 176 – 178.
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  10. Serasinghe P., Narita T., and Houghton P. J. (2007)  $\alpha$  – amylase inhibitory activity of *triphal* (Terminalia chebula, Terminalia bellerica and Phyllanthus emblica). **Svastha International Ayurveda Conference of the College of Ayurveda (UK): London.**
  11. Serasinghe P. (2004) Rasayana Ayurvedic Medicinal Plants and their role as Antioxidants in the management of diseases prevailing in the present world. **Annual Conference of Japanese Ayurveda Society: Toyama.**
  12. Serasinghe P., Mendis M.G.U., Ratnasooriya W.D. Timbrell J. and Houghton P.J. (2001) In Vivo and in Vitro Studies on the Hepatoprotective effect of *Mussaenda frondosa* against carbon tetrachloride and allyl alcohol induced hepatotoxicity. **British Pharmaceutical Conference, Abstract Book: 1777: Glasgow.**
  13. Mendis M.G.U., Serasinghe P. and Ratnasooriya W.D. (2000) Hepatoprotective

- effect of aqueous leaf extracts of *Atalantia ceylanica*, *Nauclea orientalis*, *Vernonia cinerea* and *Mussaenda frondosa* against Carbon tetra Chloride induced liver damage in rats. *Proceedings of the 56<sup>th</sup> Annual Session of the Sri Lanka Association for the Advancements of Science*, D213, pp. 152: Colombo
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